## ST. RAPHAEL CO- ED SCHOOL JATKHEDI, BHOPAL



SYLLABUS 2025 – 26 CLASS – XI (PCM/PCB)

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ENGLISH			
MONTH	TOPICS	ACTIVITY	EXAM SYLLABUS
APRIL	HORNBILL: 1. The Portrait 2. A Photograph SNAPSHOTS: i. The Summer GRAMMAR: Tenses WRITING SKILL: Notice & Poster		
JUNE	HORNBILL: 3. We're Not SNAPSHOTS: ii. The Address WRITING SKILL: Classified Ads		
JULY	HORNBILL: 4. Discovering Tut 5. Laburnum Top SNAPSHOTS: iii. Mother's Day GRAMMAR: Clauses WRITING SKILL: Classified Ads Letter of Inquiry	Research work on the major astronomical descriptions and legends associated with them.	<ul> <li>PT-I</li> <li>1. Portrait of a Lady</li> <li>2. A Photograph</li> <li>3. We're Not Afraid</li> <li>4. The Summer</li> <li>W.S. Notice and Poster</li> <li>Grammar: Tenses</li> </ul>
AUGUST	HORNBILL: 6. The Voice SNAPSHOTS: iv. The Ghat		PT-II 1. Laburnum Top 2. Discovering Tut 3. The Address

	(Subject to Change)		W.S. Classified Ad
	GRAMMAR: Transformation of Sentences		Grammar: Clauses
	WRITING SKILL:		
	Letter of Order		
	Note- Making		
	HORNBILL:	ASL	MID-TERM
	7. The Ailing P		PT-I + PT-II+
	GRAMMAR:		1. The Voice of the
	Transformation of Sentences		Rain
	WRITING SKILL:		2. Mother's Day
SEPTEMBER	Letter of Complaint		Grammar: Tenses,
			Clauses, Transformation
			of Sentences
			W.S.: Notice, Poster,
			Classified Ads, Letters:
			Inquiry, Order,
	HORNBILL:		Complaint, Note- Making
	8. The Adventure		
	9. Childhood		
OCTOBER	SNAPSHOTS:		
OCTOBER	v. Birth		
	WRITING SKILL:		
	Letter to the Editor		
	HORNBILL:	Drafting an Itinerary	
NOVEMBER	10. Silk Road		
	SNAPSHOTS:		
	vi. The Tale of		
	GRAMMAR:		
	Prepositions & Determiners		
	WRITING SKILL:		

	Article & Speech		
	HORNBILL:		PT-III
	11. Father to Son		1. The Adventure
DECEMBER	GRAMMAR:		2. Childhood
DECEMBER	Integrated Grammar		3. Birth
	WRITING SKILL:		WS: Speech & Article
	Debate		Grammar: Integrated
	HORNBILL: Revision	ASL	
JANUARY	SNAPSHOTS: Revision		
JANUARI	GRAMMAR: Revision		
	WRITING SKILL: Revision		
FEBRUARY			FINAL EXAM-
ILDRUART			Complete Syllabus

PHYSICS			
MONTH	TOPICS	ACTIVITY/PRACTICAL	EXAM SYLLABUS
APRIL	Chapter-1: Units andMeasurements Chapter-2: Motion in a Straight Line Chapter-3: Motion in a Plane	<ol> <li>To measure diameter of a small spherical/cylindrical body and to measure internal diameter and depth of a given beaker/calorimeter using Vernier Calipers and hence find its volume.</li> <li>To measure diameter of a given wire and thickness of a given sheet using screw gauge.</li> </ol>	
JUNE	Chapter-4: Laws of Motion		
JULY	Chapter–5: Work, Energy and Power Chapter–6: System of Particles and Rotational Motion	<ul> <li>3. To determine radius of curvature of a given spherical surface by a spherometer.</li> <li>4. To find the weight of a given body using parallelogram law of vectors.</li> </ul>	PT-01 (5TH July to 11th July) CHAPTER -01

			UNIT AND MEASUREMENMT <b>CHAPTER-02</b> MOTION IN STRAIGHT LINE
AUGUST	<b>Chapter–6</b> : System of Particles and Rotational Motion <b>Chapter–7:</b> Gravitation	<b>5.</b> Using a simple pendulum, plot its L-T <sup>2</sup> graph and use it to find the effective length of second's pendulum.	PT-02 (2 <sup>nd</sup> Aug to 08 <sup>th</sup> Aug) Chapter -03 Motion in plane Chapter-04 Laws of motion (half chapter)
SEPETMBER	<b>REVISION &amp;</b> <b>Chapter–8:</b> Mechanical Properties of Solids		MID TERM (15 <sup>th</sup> Sept. to 26 <sup>TH</sup> Sept.) PART -I CHAPTER (01 TO 07)
OCTOBER	Chapter-09: Mechanical properties of fluids	<b>6</b> .To study variation of time period of a simple pendulum of a given length by taking bobs of same size but different masses and interpret the result.	
NOVEMBER	Chapter-10: Thermal Properties of Matter Chapter-11: Thermodynamics	<b>7.</b> To study the relationship between force of limiting friction and normal reaction and to find the co- efficient of friction between a block and a horizontal surface.	
DECEMBER	Chapter-12: Kinetic Theory of gases	<b>8.</b> To find the downward force, along an inclined plane, acting on a roller due to gravitational pull of the earth and study its relationship with the angle of inclination $\theta$ by plotting graph between force and Sin $\theta$ .	PT-03 (4 <sup>TH</sup> DEC. to 10 <sup>th</sup> Dec.) Ch-8,9
JANUARY	Chapter-13: Oscillations Chapter-14: Waves		
FEBRUARY	Revision		FINAL EXAM COMPELETE Syllabus Part-I (30%) Part-II(70%)

CHEMISTRY			
MONTH	TOPICS	ACTIVITY/PRACTICAL	EXAM SYLLABUS
APRIL	CH 1: Some Basic Concepts of Chemistry CH 2: Structure of Atom	To tabulate the periodic elements from atomic number 1-50 under heads atomic number,atomic mass,symbol and electronic configuration.	
JUNE	CH 2: Structure of Atom (Cont.)	Crystallization of impure sample of any one of the following: Alum, Copper Sulphate, Benzoic Acid.	
JULY	CH 3: Classification of Elements and Periodicity in Properties CH 4: Chemical Bonding and Molecular Structure	Introduction of qualitative and quantitative analysis	PT 1: CH 1 AND 2
AUGUST	CH 4: Chemical Bonding and Molecular Structure (CONT.) CH 8: Organic Chemistry: Some basic Principles and Techniques	<ul> <li>Quantitative Estimation : 1. Preparation of standard solution of Oxalic acid.</li> <li>2. Determination of strength of a given solution of Sodium hydroxide by titrating it against standard solution of Oxalic acid.</li> </ul>	PT 2: CH 3 AND 4
SEPTEMBE R	CH 8: Organic Chemistry: Some basic Principles and Techniques (CONT.) *REVISION FOR MID TERM	<ul> <li>Quantitative Estimation 3. Preparation of standard solution of Sodium carbonate.</li> <li>4. Determination of strength of a given solution of hydrochloric acid by titrating it against standard Sodium Carbonate solution.</li> </ul>	MID TERM: CH 1,2,3,4 and 8

OCTOBER	CH 9: Hydrocarbons	Qualitative analysis: Determination of one anion and one cation in a given salt.	
NOVEMBE R	CH 7: Redox reactions CH 5: Chemical Thermodynamics	Qualitative analysis: Determination of one anion and one cation in a given salt	
DECEMBER	CH 6: Equilibrium	Qualitative analysis: Determination of one anion and one cation in a given salt	PT 3: CH 7 AND 9
JANUARY	Revision		
FEBRUARY			FINAL EXAM FULL SYLLABUS

MATHS			
Months	Chapter	Practical/ activity	Exam Syllabus
APRIL	1.Sets 2. Relations and Functions	<ul> <li>*To find the number of subsets of a given set and verify that if a set has n number of elements, then the total number of subsets is 2<sup>n</sup></li> <li>*To verify that for two sets A and B, n (A×B) = pq and the total number of relations from A to B is 2<sup>pq</sup>, where n(A) = p and n(B) = q.</li> <li>*To represent set theoretic operations using Venn diagrams.</li> </ul>	
JUNE	<ol> <li>Complex Numbers</li> <li>Linear Inequalities</li> </ol>	*To identify a relation and a function. *To distinguish between a Relation and a Function.	

	3. Trigonometric Functions	*To find the values of sine and cosine	PT-I
		functions in second, third and fourth	CH-1,2,4,5
JULY		quadrants using their given values in first	
		quadrant.	
AUCUCT	6. Permutations and Combinations		PT-II
AUGUST	7. Binomial Theorem		CH-3
SEPTEMBER	8.Sequence and Series		MIDTERM
SEPTEMBER			CH- 1,2,3,4,5,6,7
OCTOBER	12. Limits and derivatives		
	9.Straight lines	*To construct different types of conic	
NOVEMBER	10.Conic Section	sections.	
NOVEMBER	11. Introduction to Three-		
	Dimensional Geometry		
	13.Statistics	*To write the sample space, when a die	PT-III
DECEMBER	14. Probability	is	CH-12,9,10
		rolled once, twice	
JANUARY			
FEBRUARY			Full Syllabus

BIOLOGY			
MONTH	TOPICS	ACTIVITY/PRACTICAL	EXAMSYLLABUS
APRIL	1. THE LIVING WORLD 2.BIOLOGICAL CLASSIFICATION	SPECIMENS / SLIDES / MODELS AND IDENTIFICATION FEATURES OF- BACTERIA, OSCILLATORIA, LIVERWORT, RHIZOPUS, MUSHROOM, YEAST, MOSS, FERN, PINE, ONE MONO COTYLEDONOUS PLANT,ONE DICTOTYLEDONOUS PLANT AND ONE LICHEN	
JUNE	3.PLANT KINGDOM	PREPARATION AND STUDY OF T.S OF DICOT AND MONOCOT ROOT AND STEMS.	

	6. ANATOMY OF FLOWERING	STUDY OF PLASMOLYSIS IN EPIDERMAL	
	PLANTS	PEELS.	
JULY	4.ANIMALS KINGDOM	VIRTUALSPECIMENS/SLIDES/MODELS AND IDENTIFYING FEATURES OF AMEOBA, HYDRA, LIVER FLUKE, ASCARIS, LEECH, EARTHWORM, SILK WORM, HONEYBEE, SNAIL, STARFISH, SHARK, ROHU, FROG, LIZARD, PIGEON, ANDRABBIT.	PT-I CH-1,2
AUGUST	5.MORPHOLOGYOF FLOWERING PLANTS 7.STURUCTURAL ORGANISATION IN ANIMALS 8.CELL:THE UNIT OF LIFE	STUDY AND DESCRIBE LOCALLY AVAILABLE COMMON FLOWERING PLANTS FROM FAMILY SOLANACE INCLUDING,DISSECTION AND DISPLAY OF FLORAL WHORLS ANTHER AND OVARY TO SHOW NUMBER OF CHAMBERS. STUDY OF OSMOSIS BY POTATO, OSMOMETER. STUDY AND DISTRIBUTION OF STOMATA ON LOWER AND ON THE UPPER SURFACES OF LEAF.MITOSIS IN ONION ROOT TIP CELLS AND ANIMAL CELLS (GRASSHOPER) FROM PERMANENT SLIDES	PT-2 Ch-3
SEPTEMBER	10.CELL CYCLES AND CELL DIVISION 9.BIOMOLECULES	TEST THE PRESENCE OF SUGAR, STARCH, PROTEINS AND FATS IN SUITABLE PLANT AND ANIMAL MATERIAL	MIDTERM CH- 1,2,3,4,5,6,7,8,9,10
OCTOBER	13. PHOTOSYNTHESIS IN HIGHER PLANTS 14. RESPIRATION IN PLANTS 15. PLANT GROWTH AND DEVELOPMENT	CHROMATOGRAPHY SEPARATION OF PLANT PIGMENTS STUDY RATE OF RESPIRATION IN GERMINATING SEEDS	
NOVEMBER	19.EXCRETORY PRODUCTS AND THEIR ELIMINATION	URINE TEST- TEST THE PRESENCE OF SUGAR, ALBUMIN AND BILE SALTS IN URINE.	
DECEMBER	17. BREATHING AND EXCHANGE OF GASES 18.BODY FLUID SAND		PT-3 Ch-13,15

	CIRCULATION		
JANUARY	LOCOMOTION AND	STUDY DIFFERENT TYPES OF JOINTS WITH THE	
	MOVEMENT	HELP OF VIRTUAL IMAGES / MODELS	
FEBRUARY	ANNUAL EXAM		FULL SYLLABUS

COMPUTER SCIENCE				
Month	Торіс	Practicals	Syllabus	
	<b>CH-1</b> Basic organization of computer system			
April	CH-2 Operating system	PPT ON THE TOPIC OF OPERATING SYSTEM		
	<b>CH- 5</b> Introduction of Problem Scoping			
June	<b>CH-6</b> Getting started with python	PRACTICALS ON THE BASIS OF DATA		
June	CH-7 Python Fundamentals	STRUCTURES		
	CH-3 Boolean Logic		PT-1	
July	CH-8 Data Handling	PRACTICALS ON THE BASIS OF OPERATORS USED IN PROGRAMMING	CH 1 & 5	
	CH-9 Flow of Control			
	CH-4 Emerging Trends		PT-2	
August	CH-10 String Manipulation	PRACTICALS ON THE BASIS OF ALL THE CONDITION USED IN PYTHON	CH 2,6 & 7	
	CH-15 Cyber Safety			
Contonobor	CII 11 List Maginulation		MID TERM	
September	<b>CH-11</b> List Manipulation	PRACTICAL OF LIST	CH-1,2,5 TO 9 & 15	
	CH-12 Tuples	PRACTICAL OF TUPLES & DICTIONARIES		
October	CH-13 Dictionaries			
November	CH-14 Understanding Sorting	PYTHON CODING ON THE BASIS OF SORTING		

December	CH-16 Computer Security	DRAW THE FLOW CHART ON THE TOPIC OF	PT-3
	CH-17 Society, Law and Ethics	PROPERTY RIGHT & E-WASTE MANAGEMENT	CH 11 & 12
January	REVISION FOR FINAL EXAMINATION	REVISION FOR FINAL EXAMINATION	FINAL TERM

PSYCHOLOGY				
MONTH	TOPICS	SYLLABUS		
APRIL		PREPARE A COLLAGE ON WHAT IS PSYCHOLOGY, ITS SCOPE AND VARIOUS BRANCHES.		
JUNE	PSYCHOLOGY	IN GROUPS, DESIGN AN OBSERVATION SCHEDULE TO STUDY A PARTICULAR BEHAVIOUR FOR THIRTY MINUTES IN A SAMPLE OF STUDENTS AT SCHOOL AFTER CONDUCTING THIS OBSERVATION, CREATE YOUR REPORT.		
JULY	CHAPTER 4- HUMAN DEVELOPMENT PRACTICAL 2	STVLE DEVELODMENT BY LISTNG ANY MEDILIM OF	PT 1 CH-1	
AUGUST	CHAPTER 5 - SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES PRACTICAL 3		PT 2 CH-2	
SEPTEMBER	PRACTICAL 4		MID TERM CH- 1,2,4,5	

OCTOBER	CHAPTER 6- LEARNING PRACTICAL 5	TAKE SOME WORDS AND WRITE THEM ON SEPARATE CARDS, AND READ THEM ALOUD. AFTER COMPLETION OF TWO READINGS, WRITE DOWN THE WORDS IN ANY ORDER LIKE RICE, CURD, SHOES, SOCIAL, SWEET, POND, POTATO, ICE-CREAM, ROSE.THEN, ANALYSE YOUR DATA TO SEE WHETHER RECALLED WORDS SHOW ANY ORGANISATION.	
NOVEMBER	CHAPTER 7- HUMAN MEMORY	WRITE TWO SEPARATE EVENTS THAT YOU LIKE ABOUT YOUR CHILDHOOD DAYS WHICH YOU REMEMBER. USE SEPARATE SHEETS FOR WRITING ABOUT EACH EVENT. COMPARE THESE IN TERMS OF LENGTH, FELT EMOTIONS, AND CO-RELATION.	
DECEMBER	CHAPTER 8- THINKING	STUDENTS LOOK AT AN IMAGE WITH A NUMBER OF PEOPLE. EACH STUDENT PICKS ONE PERSON FROM THE PICTURE AND WRITES WHAT THEY THINK THE PERSON IS THINKING.	PT 3 CH- 6,7
JANUARY	CHAPTER 9- MOTIVATION AND EMOTION	STUDENTS CAN CHOOSE A SPECIFIC MOTIVATIONAL OR EMOTIONAL EXPERIENCE ABOUT THEM AND EXPRESS IT CREATIVELY THROUGH ANY MEDIUM.	
FEBRUARY	FINAL EXAM		FULL SYLLABUS

PHYSICAL EDUCATION					
MONTH	NAME OF THE CHAPTER	TOPICS	ACTIVITY/ PRACTICAL	EXAM SYLLABUS	
APRIL	CH1- Changing Trends and Careers in Physical Education CH 2 -	<ul> <li>CHAPTER 1 – <ol> <li>Concept, Aims &amp; Objectives of Physical Education</li> <li>Development of Physical Education in India – Post Independence</li> <li>Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological</li> </ol> </li> </ul>	Participation in inter-house competition		
	Olympic Value Education	advancements 4. Career options in Physical Education 5. Khelo-India Program and Fit – India Program	Quiz competition on Olympics		
		<ul> <li>CHAPTER 2-</li> <li>1. Olympic - Concept and Olympics Values (Excellence, Friendship &amp; Respect)</li> <li>2. Olympic Value Education - Joy of Effort, Fair Play, Respect for Others, Pursuit of Excellence, Balance Among Body, Will &amp; Mind</li> <li>3. Ancient and Modern Olympics</li> <li>4. Olympics - Symbols, Motto, Flag, Oath, and Anthem</li> <li>5. Olympic Movement Structure - IOC, NOC, IFS, Other members</li> </ul>			
JUNE	CH 3: Yoga	CHAPTER 3- 1. Meaning and importance of Yoga			

	<ol> <li>Introduction to Astanga Yoga</li> <li>Yogic Kriyas (Shat Karma)</li> <li>Pranayama and its types.</li> <li>Active Lifestyle and stress management through Yoga</li> </ol>	Performing different asanas for concentration of mind	
JULY CH 4: Physical Education and Sports for Children with Special Needs (CWSN) CH 5: Physical Fitness, Wellness.	<ul> <li>CHAPTER 4- <ol> <li>Concept of Disability and Disorder</li> <li>Types of Disability, its causes &amp; nature (Intellectual disability, Physical disability).</li> <li>Disability Etiquette</li> <li>Aim and objectives of Adaptive Physical Education.</li> <li>Role of various professionals for children with special needs (Counselor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech</li> </ol> </li> <li>Therapist, and Special Educator) CHAPTER 5- <ol> <li>Meaning &amp; importance of Wellness, Health, and Physical Fitness.</li> <li>Components/Dimensions of Wellness, Health, and Physical Fitness <li>Traditional Sports &amp; Regional Games for promoting wellness</li> <li>Leadership through Physical Activity</li> </li></ol></li></ul>	Explaining the role of different teachers for CWSN Demonstration of traditional games and sports on ground	PT 1: CH 1,2
	and Sports		

		Introduction to First Aid – PRICE		
AUGUST	CH 6: Test, Measurement &	CHAPTER 6-	Conducting BMI and WHR test	PT 2: CH 3,
SEPTEMBER	CH 7: Fundamentals of Anatomy, Physiology in Sports CH 8: Fundamentals Of Kinesiology And Biomechanics in Sports	<ol> <li>Define Test, Measurements and Evaluation.</li> <li>Importance of Test, Measurements and Evaluation in Sports.</li> <li>Calculation of BMI, Waist - Hip Ratio, Skinfold measurement (3-site)</li> <li>Somato Types (Endomorphy, Mesomorphy &amp; Ectomorphy)</li> <li>Measurements of health-related fitness CHAPTER 7-</li> <li>Definition and importance of Anatomy and Physiology in Exercise and Sports.</li> <li>Functions of Skeletal System, Classification of Bones, and Types of Joints.</li> <li>Properties and Functions of Muscles.</li> <li>Structure and Functions of Muscles.</li> <li>Structure and Functions of Respiratory System</li> <li>CHAPTER 8-</li> <li>Definition and Importance of Kinesiology and Biomechanics in Sports. Principles of Biomechanics</li> <li>Kinetics and Kinematics in Sports</li> <li>Types of Body Movements - Flexion, Extension, Abduction, Adduction,</li> </ol>	Explanation of skeletal system with the help of skeleton Explanation of relevant topics through a particular sport	MID TERM: CH 1, 2, 3,4,5 & 6

OCTOBER	CH 9: Psychology and Sports	<ul> <li>Rotation, Circumduction, Supination &amp; Pronation</li> <li>4. Axis and Planes – Concept and itsapplication in body movements</li> <li>CHAPTER 9-</li> <li>1. Definition &amp; Importance of Psychology in Physical Education &amp; Sports;</li> <li>2. Developmental Characteristics at Different Stages of Development</li> <li>3. Adolescent Problems &amp; their Management;</li> <li>4. Team Cohesion and Sports; Introduction to Psychological Attributes: Attention, Resilience, Mental Toughness</li> </ul>	Explanation of relevant topics through a particular sport	
NOVEMBER	CH10 Training & Doping in Sports	<ul> <li>CHAPTER 10-</li> <li>1. Concept and Principles of Sports Training</li> <li>2. Training Load: Over Load, Adaptation, and Recovery</li> <li>3. Warming-up &amp; Limbering Down – Types, Method &amp; Importance</li> <li>4. Concept of Skill, Technique, Tactics &amp; Strategies</li> <li>5. Concept of Doping and its disadvantages</li> </ul>	Warming-up and Limbering-down	
DECEMBER	Revision	PRACTICAL		PT 3 – CH- 7,8
JANUARY	Revision			
FEBRUARY				FINAL EXAM
MARCH				